

Barrington Health Care for Women

27401 W. Highway 22, Suite 111

Barrington, IL 60010

847-382-2320

MODIFIED BOWEL PREP

Items to Get: MoviPrep (at Pharmacy)
Clear Liquids

Follow the instructions below the day before surgery:

Breakfast – light

Lunch – clear liquids

Dinner – clear liquids

Clear liquids may consist of: jello, broths, tea, clear juices (white cranberry, apple, white grape, and protein waters – NO red or purple fluids).

In addition to the diet listed above, please follow the directions below with the MoviPrep:

When you wake up in the morning, mix the solution and refrigerate:

Empty 1 Pouch A and 1 Pouch B into disposable container. Add lukewarm water to the top line of the container. Mix to dissolve.

At Noon:

The MoviPrep container is divided by 4 marks. Every 15 minutes, drink the solution down to the next mark (approximately 8 ounces), until the full liter is completely gone. Drink 16 ounces of clear liquid of your choice.

Beginning at 5 pm:

Repeat the above with the second liter of newly mixed solution followed by 16 ounces of any clear liquids of your choice.

After midnight: NOTHING BY MOUTH – NOT EVEN WATER

Please notify us if you notice any of the following:

Severe abdominal pain;

Vomiting;

No bowel movement after completing the entire prep.

Contact our office if you have any questions at 847-382-2320.